

Help is always a call or text away.

Save these contacts on your phone or click the underlined font to call or access the organization's website

24-HOUR CRISIS SERVICES

(Please dial 911 in a **medical** emergency)

Crisis Text Line – Text: [741741](tel:741741)

CHA Crisis Line – [\(833\) 222-2030](tel:(833)222-2030)

Eliot Crisis Services – [\(800\) 988-1111](tel:(800)988-1111)

SafeLink Domestic & Sexual Violence Line – [\(877\) 785-2020](tel:(877)785-2020)

SafeSpot Overdose Prevention Hotline – [1 \(800\) 972-0590](tel:1(800)972-0590) (a non-judgmental and safe 24/7 hotline for overdose spotting)

Suicide Prevention Lifeline – [\(800\) 273-8255](tel:(800)273-8255). Español: [\(888\) 628-9454](tel:(888)628-9454)

Deaf & Hard of Hearing: [\(800\) 799-4889](tel:(800)799-4889). Free, Available 24 hrs. a day; 7 days a week.

HOUSING SERVICES

ABCD Mystic Valley Housing Services – Malden/Medford/Everett only. [\(781\) 321-3431](tel:(781)321-3431) or [\(617\) 348-6347](tel:(617)348-6347)

Bay Cove Transitional Housing – Senior, disabled, & transitional housing. Human services. [\(617\) 371-3000](tel:(617)371-3000)

Homestart, Inc. – Eviction prevention, housing stabilization & housing search services. [\(617\) 542-0338](tel:(617)542-0338)

Housing Families – [\(781\) 322-9119](tel:(781)322-9119) or [\(781\) 324-1303](tel:(781)324-1303)

Malden Housing Authority – Housing Choice Voucher Program. [\(781\) 322-9460](tel:(781)322-9460) or [\(781\) 322-8007](tel:(781)322-8007)

Mass Housing and Community Development (EOHLC) – [\(617\) 573-1100](tel:(617)573-1100)

Massachusetts Tenancy Preservation Program (Middlesex Housing Court) – Eviction prevention for people with disabilities. [\(617\) 788-8485](tel:(617)788-8485)

MassHousing – Tenancy preservation, dispute resolution + Sober housing. [\(617\) 854-1000](tel:(617)854-1000)

Metro Housing Boston – [\(617\) 859-0400](tel:(617)859-0400)

Somerville Homeless Coalition – [\(617\) 623-6111](tel:(617)623-6111)

HEALTHCARE & HUMAN SERVICES

AIDS Action - New England's largest provider of services to people living with HIV/AIDS and populations at risk of infection. [\(617\) 267-0159](tel:(617)267-0159)

Boston Healthcare for the Homeless – Medical, sexual, & behavioral healthcare. [\(857\) 654-1000](tel:(857)654-1000)
After hours - [\(781\) 221-6565](tel:(781)221-6565)

Dimock Center – Comprehensive care. Sexual & behavioral health. Housing services. [\(617\) 442-8800](tel:(617)442-8800)

Eliot Human Services – Homeless services, behavioral/mental healthcare, disability healthcare, pregnancy/childcare support, children/family services, residential programs, suicide prevention. [\(781\) 388-6200](tel:(781)388-6200)

Fenway Health – Provides primary care and sexual health care - [\(617\) 267-0900](tel:(617)267-0900)

The GenderCare Center at Boston Medical Center – Provides comprehensive gender-affirming care [\(617\) 638-1833](tel:(617)638-1833)

MassHealth Enrollment & Customer Service – [\(800\) 841-2900](tel:(800)841-2900)

Mystic Valley Public Health Coalition – [\(781\) 393-2449](tel:(781)393-2449)

BEHAVIORAL HEALTHCARE SERVICES

Advocates Community Counseling - [\(508\) 628-6300](tel:(508)628-6300) 24hr crisis support: [\(800\) 640-5432](tel:(800)640-5432)

National Alliance on Mental Illness (NAMI) COMPASS Helpline – [\(617\) 704-6264](tel:(617)704-6264) or [\(800\) 370-9085](tel:(800)370-9085)

MA Behavioral Health – For MassHealth members. [\(617\) 790-5002](tel:(617)790-5002) ext. 1000

South Bay Community Services (Malden) – [\(781\) 851-2648](tel:(781)851-2648)

North Suffolk Mental Health Associates - [\(617\) 889-3300](tel:(617)889-3300) (Chelsea) / [\(781\) 289-9331](tel:(781)289-9331) (Revere) / [\(617\) 569-3189](tel:(617)569-3189) (East Boston) / [\(617\) 912-7800](tel:(617)912-7800) (Boston)

MILITARY VETERAN & ELDER SERVICES

Mystic Valley Elder Service - [\(781\) 324-7705](tel:(781)324-7705)

Somerville Cambridge Elder Services - [\(617\) 628-2601](tel:(617)628-2601)

Veterans Affairs Healthcare Clinic - [\(617\) 248-1000](tel:(617)248-1000)

VIOLENCE & VICTIMS ASSISTANCE

Asian Task Force Against Domestic Violence - 24-Hour Multilingual Hotline - (617) 338-2355;

To learn more about shelter: (617) 338-2356

Boston Area Rape Crisis Center - Sexual assault (617) 492-7273

Jane Doe Domestic Violence - Sexual and domestic violence (617) 248-0922

National Domestic Violence Hotline - (800) 799-7233

The Network/La Red - LGBTQIA+ friendly. Provides safe houses. (617) 742-4911 or (800) 832-1901

RAINN National Sexual Assault Hotline - (800) 656-4673

RESPOND, Inc. - Domestic violence (617) 623-5900

SUBSTANCE USE DISORDER, ADDICTION & RECOVERY SERVICES

Addiction Referral Center (ARC) - (508) 485-4357

Alcoholics Anonymous - (617) 426-9444

Narcotics Anonymous - (866) 624-3578

CASPAR First Step Street Outreach - (617) 592-6895

Cambridge Health Alliance - Outpatient Program: (617) 591-6051; Opioid Use Nurse Helpline: (617) 591-6000

Faster Paths to Treatment at Boston Medical Center - Provides urgent connections to methadone, suboxone, sublocade; sexual health testing & prevention; wound care & more. Open 7 days: 8 am - 4pm. (617) 414-4580

Malden Overcoming Addiction (MOA) - Services locator & advocacy (781) 838-2203

Mass Substance Use Helpline - Services locator, information & referrals (800) 327-5050

Project ASSERT - Providing access/connections to inpatient treatment (617) 414-4388

Providing Access to Addictions Treatment, Hope and Support (PAATHS) - Services locator, information & referrals. (617) 534-3599

SMART Recovery - (866) 951-5357

Supportive Place for Observation and Treatment (SPOT) - If you are ever in Boston and feel over-sedated, please go to SPOT for medical monitoring & compassionate care. M-F 9am-4pm. (857) 654-1005

YOUTH/ADOLESCENT HEALTH & SUPPORT SERVICES

Beth Israel Lahey Health Children, Youth + Family Services - Behavioral healthcare & support services: (978) 968-1700. Psychiatric Emergency: (866) 523-1216

Bridge Over Troubled Waters (Youth between 14-24) - (617) 423-9575

Child-at-Risk - Mass Department of Children & Families emergency line. (800) 792-5200

National Runaway Safeline - Advice for parents & children. (800) 786-2929

Phoenix House - Youth, family, adult rehabilitation & behavioral healthcare. (888) 671-9392 or (888) 392-7867

Trevor Project - LGBTQ+ lifeline. (866) 488-7386

Y2Y Harvard Square - Youth shelter (617) 864-0795

SHELTERS & CENTERS

Boston Night Center - (857) 296-0322

112 Southampton Street Shelter - Men's shelter in Boston (617) 534-6100

Cambridge Warming Center - (857) 292-1870

Cardinal Medeiros Center - For adults 45+ only. (617) 619-6960

CASPAR Emergency Services Center/Shelter - (617) 661-0600

Community Day Center of Waltham - (781) 392-6311

Malden Warming Center - (781) 480-3459

Pine Street Inn - Men's shelter in Boston (617) 892-9100

Revere Warming Center - (781) 873-9957

Rosie's Place - Women's shelter in Boston (617) 442-9322

Somerville Warming Center - (781) 870-0037

St. Francis House - (617) 457-1002

Women's Lunch Place - For women only. (617) 267-1722

Woods Mullen - Women's Shelter in Boston (617) 534-7101

